



Health History Form

All questions on this form will help your clinician understand your history and medical concerns better. All answers are strictly confidential.

PLEASE ATTACH COPIES OF INSURANCE CARDS. YOU MAY ALSO ATTACH MEDICATION LIST.

Date: _____ Name: _____

Date of Birth: _____ Required Social Security # _____

Allergies and Reactions: _____

Present Health Concerns/Recent Health Changes: _____

Preferred Pharmacy: _____ Pharmacy Phone # _____

Medication	Dose	# of Times Per Day	Medication	Dose	# of Times Per Day

Please indicate if you have had any of the following issues with approximate dates of diagnosis.

☐ Congenital Heart Problems _____ ☐ Heart Attack _____ ☐ Stroke _____ ☐ Depression _____
☐ Hypertension _____ ☐ Bleeding Disorder _____ ☐ Alcoholism _____ ☐ Anxiety _____
☐ Diabetes _____ If yes what type ☐ 1 ☐ 2



Family History: List any conditions in Mother: _____ Father: _____

Family history of diabetes? ☐ Yes ☐ No History of Cancer? ☐ Yes ☐ No Type of cancer? _____

Date of last flu vaccine? _____ Date of Pneumonia Vaccine? _____ Covid 19? _____

Up to date on dental exams? ☐ Yes ☐ No Up to date on eye exams? ☐ Yes ☐ No

Surgical History

Operation: Date / Year	Operation: Date/Year

Significant childhood illness: ☐ Measles ☐ Mumps ☐ Rubella ☐ Chickenpox ☐ Polio ☐ Other _____

Social History: ☐ Single ☐ Married ☐ Divorced ☐ Widowed ☐ _____

Do you smoke? ☐ Yes ☐ No If yes - how many years? _____ How many packs per day? _____

Do you drink alcohol? ☐ Yes ☐ No If yes - how many drinks per day? _____

Occupation: _____ How many children _____

Do you currently have any of the problems below? Check all that apply.

Fevers/chills	<input type="checkbox"/>	Fatigue/Weakness	<input type="checkbox"/>	Excessive urination or thirst	<input type="checkbox"/>
Weight Changes	<input type="checkbox"/>	Vision Changes	<input type="checkbox"/>	Difficulty Hearing	<input type="checkbox"/>
Ringing in ears	<input type="checkbox"/>	Allergies	<input type="checkbox"/>	Chest Pain/Discomfort	<input type="checkbox"/>
Leg pain with exercise	<input type="checkbox"/>	Palpitations	<input type="checkbox"/>	Temporary blindness in one eye	<input type="checkbox"/>
Dental Problems	<input type="checkbox"/>	Slurring of Speech	<input type="checkbox"/>	Temporary Paralysis of one arm or leg	<input type="checkbox"/>
Breast Lump/Discharge	<input type="checkbox"/>	Blood in Stool	<input type="checkbox"/>	Changes in bowel movements	<input type="checkbox"/>
Nausea/Vomiting	<input type="checkbox"/>	Night-Time Urination	<input type="checkbox"/>	Incontinence	<input type="checkbox"/>
Muscle/Joint Pain	<input type="checkbox"/>	Pain	<input type="checkbox"/>	Skin changes	<input type="checkbox"/>
Headache	<input type="checkbox"/>	Dizziness	<input type="checkbox"/>	Numbness/tingling	<input type="checkbox"/>
Memory loss	<input type="checkbox"/>	Lack of coordination	<input type="checkbox"/>	Frequent Falling	<input type="checkbox"/>
Depression	<input type="checkbox"/>	Anxiety	<input type="checkbox"/>	Insomnia	<input type="checkbox"/>
Difficulty walking	<input type="checkbox"/>	Major life change	<input type="checkbox"/>	Vaginal bleeding or discharge	<input type="checkbox"/>



Do you need help with any of the following activities? Check all that apply.

- ☐ Toilet ☐ Feeding or making meals ☐ Dressing ☐ Grooming ☐ Ambulation ☐ Bathing ☐ Using the telephone
- ☐ Shopping ☐ Housekeeping ☐ Laundry ☐ Driving ☐ Managing Medications ☐ Handling Finances

Do you have a POA (Power of Attorney) ☐ Yes ☐ No Living will ☐ Yes ☐ No DNR ☐ Yes ☐ No

Is there anything you would like your healthcare provider to know?

Signature: _____

Date: _____